

Dear Parent/Carer

The Incredible Years Parent training has been successfully delivered to parent/carers in Midlothian since 2004.

The Incredible Years Parent training programme is offered to parents and carers of preschool and primary aged children and is designed to promote positive parenting strategies and to assist parents in managing behaviour.

Details of the next course are as follows:

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| **Venue** | **Dates and Times** | **Course Leaders** |
| Mayfield  Family Reachout,  Sure Start Centre | Fridays  9.30am -11.30am  Commencing 23rd September – 16th December 2016 | Tricia Di Duca  Jennie Jacobs |
| Stobhill Primary School  Gorebridge | Wednesdays  9.30am – 11.30am  Commencing 21st September – 14th December 2016 | Jennie Jacobs  +  Other |
| Woodburn  Family Learning Centre | Thursdays  9.30am – 11.30am  Commencing 22nd September – 15th December 2016 | Tricia Di Duca  Janine Stewart |
| Penicuik  Stepping Forward | Wednesdays evenings  6.30pm – 8.30pm  Commencing 21st September – 14th December 2016 | Kate McNeil  Tricia Di Duca |

The course offers parents and carers the opportunity to meet to discuss ideas and strategies, to help them gain confidence while boosting their child’s self esteem and improving challenging behaviour.

Places are limited and a free crèche facility is offered for the day time courses only.

Leaflets with further information will be available from local Primary schools or nurseries.

To request a place, please fill in the attached form and return it to:

**Chris Henderson**

**Parenting Lead Midlothian**

**Midlothian Sure Start**

**Colliery Court**

**McSence Business Enterprise Park**

**32 Sycamore Road**

**Mayfield**

**EH22 5TA**

Or Email: [Chris.Henderson@midlothian.gov.uk](mailto:Chris.Henderson@midlothian.gov.uk)

For further information, you can contact

Tricia Di Duca on: 07876 457 649 or

Jennie Jacobs on: 07952 912 897

Or email: [p.diduca@mgfl.net](mailto:p.diduca@mgfl.net)

Yours sincerely

Tricia Di Duca

*Home Link Teacher*